Four pounds ten

In "Oliver Twist" by Charles Dickens old Mr Brownlow allows the boy in London of the 1830s to return books to the book store: "You're to say that you've come to pay the £4-10 that I owe [...]. This is a £5 note, so you'll have to bring me back 10 shillings."

a) How does this work?b) How would you say today?